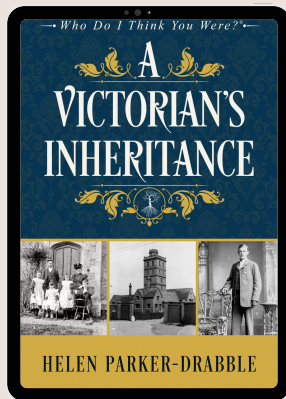
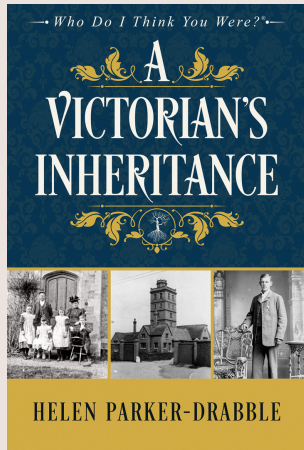


A VICTORIAN'S INHERITANCE



A Victorian's Inheritance reveals how struggles, addiction, and trauma in Victorian ancestors shaped family legacies passed through generations. Combining family history and social analysis, it invites you to explore how past hardships influence mental health and identity.



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ABOUT THE AUTHOR

'This groundbreaking book changed the way I think about my ancestors and living family.'

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Helen Parker-Drabble is an author and geneatherapist combining genealogical research with psychological insight to explore how historical trauma shapes family patterns across generations. A former counsellor, she brings a therapeutic lens to family history, uncovering hidden lives and their lasting legacies.